




September 2022 USD 466 BREAKFAST MENU GRAB & GO



Mon	Tue	Wed	Thu	Fri
<p>There will be a choice of hot or cold grab n go for breakfast in all Scott County Schools!</p> <p>* HOT ITEM CHOICE</p>	<p>High School is offered choice of menu items listed daily —included are the following choices daily— Uncrustable—Mini Bagels</p>	<p>100% Fruit Juice and Choice of Milk offered daily</p> <ul style="list-style-type: none"> •Menus are subject to change •This institute is an equal opportunity provider 	<p>1 *English Muffin/Cheese & Egg</p> <p>Cherry Frudel Baby Carrots</p>	<p>2 *Quesadilla</p> <p>Muffin Cuties Sunflower Seeds—HS</p>
<p>5</p> 	<p>6 *Pancake/Sausage</p> <p>Mini Bread Dried Fruit Sunflower Seeds (HS)</p>	<p>7 *Breakfast Combo Bar</p> <p>Blueberry Muffin Apples</p>	<p>8 *Sausage McGriddle Cheese It's Grapes Yogurt Cup</p>	<p>9 * Breakfast Burrito</p> <p>Cinni Mini's Cuties</p>
<p>12 *Breakfast Pizza</p> <p>Long John's Apple Slices</p>	<p>13 *Mini French Toast</p> <p>Gold Fish Crackers Fruit Sunflower Seeds (HS/ MS)</p>	<p>14 *Sausage Pigs</p> <p>Yogurt Granola Bar Banana</p>	<p>15 *Egg/Cheese McMuffin</p> <p>Oatmeal Round Cheese Stick Grapes</p>	<p>16 *Quesadilla</p> <p>Apple Filled Donuts Fresh Strawberries</p>
<p>19 *Breakfast Bagel</p> <p>Strawberry Bagel Apples String Cheese MS/HS</p>	<p>20 *Pancake/Sausage</p> <p>Cranberry Muffin Cuties</p>	<p>21 *Breakfast Combo Bar</p> <p>Cheese-Its Baby Carrots Sunflower Seeds (HS/MS)</p>	<p>22 *Sausage/Pancake Sandwich</p> <p>Mini Bread Banana</p>	<p>23 *Breakfast Burrito</p> <p>Cinnamon Roll String Cheese Pineapple Tidbits</p>
<p>26 *Breakfast Pizza</p> <p>Chocolate Donut Apples Pretzels —HS</p>	<p>27 *Mini Waffles</p> <p>Breakfast Round Dried Fruit * HS Yogurt Cups</p>	<p>28 *Sausage Pigs</p> <p>Cereal Bars Banana *Sunflower Seeds HS/MS</p>	<p>29 *Egg/Cheese McMuffin</p> <p>Cherry Frudel Cuties</p>	<p>30 *Breakfast Burrito</p> <p>Donut Sunflower Seeds MS/HS Fruit Cup</p>